

## The Seven Key Cards

There are seven Key Cards in this deck, and you will know them by the key on the artwork. These cards are our spiritual superpowers because we cannot make the spiritual journey without their grace and wisdom.

Each Key Card offers us a life-changing power, a liminal space that shifts us into unknowing, or a direct connection with the Divine. When you grasp the essence of the card, the key turns to reveal a sacred truth or wisdom. Mystics and spiritual teachers tell us these are the foundational practices and mystical tools required to awaken and develop our spiritual consciousness.

### **Prayer**

Prayer allows us to commune directly with God. Our prayers are intimate and personal. They invoke an inner peace, a sense of the sacred, and the grace of reverence. Prayer is required on the spiritual journey. When we work with the power of prayer, we open a channel of grace that allows us to co-create our reality with the Divine.

The prayer key turns when we put our faith, hope, and trust in the Divine. We surrender our prayers and detach from the outcome or the answer we expect. We trust in God's promise that all prayers are heard, and all prayers are answered.

### **Meditation**

Meditation is one of the best spiritual practices to commune directly with the Divine. It also awakens our consciousness to reveal our presence, the essence of who we truly are.

Meditation is not trying to get anywhere; it is accepting where we already are and being here now in the present moment. Only through our awakened consciousness can we find inner peace and a life that is truly fulfilling.

The meditation key drops into the core of our being when we step out of our busy mind and fearful thoughts and find the balance in our life between *doing* and *being*. When we rest in loving awareness, we engage the possibility of being present both inside and out.

## **Surrender**

Surrender is the bridge from our five sensory physical world into our spiritual senses and the nonphysical world. It connects our personal power (third chakra) with the flow and will of the Divine (fifth chakra). We surrender our personal agenda to the sacred contract of our soul.

Surrender invites us to step into the stillness of our *being* and the mystery of the unknown. It is a natural and required step on our path to spiritual awakening.

The surrender key turns when we release everything to the Divine that is causing us pain and suffering. We trust the grace of wisdom will lead us into the present moment and guide our thoughts and emotions toward the wisest course of action in each moment.

## **Forgiveness**

Forgiveness has the capacity to release us from lingering guilt, shame, and blame that keep us stuck on our journey. Forgiveness is a required step in our spiritual awakening. Without forgiveness, we cannot open the door of healing and will continue to hold on to anger and resentments that impact our power, health, healing, and well-being.

The forgiveness key turns when we invite the healing graces of forgiveness, love, and courage to flow from our soul into our body, mind, and spirit. We surrender the situation to the Divine and we work to see the goodness in ourselves and in the other person.

When the door of forgiveness opens, we are reminded that love and forgiveness are the greatest gifts we can give to ourselves and others.

## **Choice**

Choice is a superpower because we all have free will and the power to make wise or destructive choices. We create our reality through our choices and words, as well as the consequences hidden in every choice.

Choices sourced from our conditioned mind and fearful ego can lead us to repeat the same poor choices. Over time, these choices can lead to a fate or health crisis we do not want.

When our choices align with the power of our mind and the intuitive wisdom of our heart and soul, the choice key turns and opens the door to a co-creative spiritual partnership. These choices move us toward more joy, meaning, purpose, and abundance in our lives.

## **Grace**

Grace is the mystical substance and power of the Divine that is felt and received by everyone. It elevates, heals, or transforms us in ways that we may not see or even understand. It moves silently, commanding invisible acts of power and healing wherever it is needed in us or in the field.

The grace key turns when we open our heart and soul and ask the power of grace to transform a moment or situation into something better or holy. Underneath all the pain, suffering, and challenges of life lie the blessings and moments of grace.

## **Presence**

Presence is our essence connection to our true self, our soul, and the Divine. We know the deeper truth of who we are, and we trust the inner guidance and the power of our soul. Through our presence we become a channel of grace for ourselves and others.

When we discover our personal *charism* or calling, we use our unique gifts and talents to empower ourselves and others. We are on our destiny path, co-creating with the gifts of our soul.

The presence key turns when we expand our consciousness and align with the cosmic energies of our eighth, ninth, and tenth chakras. These chakras are in the realm of the sacred that is greater than us, yet we know they are there and we do access them. These higher levels of mystical consciousness hold the power and essence of archetypes, angels, symbolic sight, graces, and the Mystical Laws.